It's Wild West August at TLC

August 2024

TLC ADULT DAY CARE

AND RECREATION CENTER

813-510-4000

MONDAY FRIDAY TUESDAY WEDNESDAY THURSDAY SATURDAY 8:00 Breakfast & Brew Social 8:00 Breakfast & Brew Social Closed 9:00 Daily Chronicles 9:00 Hello August/Daily Chronicles Hortensia T. - 8/1 **Barbara R. - 8/23** 10:00 Stretching Exercise 10:00 Zumba Exercise Ed D. - 8/4 Ken A. - 8/8 11:00 Skill Ball Competition 11:00 Bocce Ball Competition 1:00 Bingo Time \$\$\$ 1:00 Bingo Time \$\$\$ Ivis F. - 8/5 Evelyn P. - 8/25 2:00 Ring Toss 2:00 Jumbo Jenga/Music Therapy 3:00 Snack/Healthy History 3:00 Snack/Riddles Me This? 4:00 Relaxation/Table Games 4:00 Relaxation/Table Games 8:00 Breakfast & Brew Social Closed "Live in the sunshine. 9:00 Daily Chronicles 10:00 Relaxing Yoga 10:00 Noodle Exercise 10:00 Stretching Chair Exercise 10:00 Drumstick Exercise 10:00 Zumba Happy Exercise swim the sea, drink the 11:00 Pandora's Box New & Views 11:00 Sun Threading Craft 11:00 Dominoe's 11:00 Cup Stacking Competition 11:00 Balloon Volleyball wild air's salubrity." 1:00 Bingo Time \$\$\$ 2:00 FLART Challenge 2:00 Ladder Toss 2:00 LIVE MUSIC with Roxanna 2:00 Stick & Tennis Ball 2:00 Best & Worst Advice - Ralph Waldo Emerson 3:00 Caption the Pictures 3:00 Snack/August Quiz 3:00 Root Beer Float Event! 3:00 Snack/Coloring Fun 3:00 Snack/Bracelet Craft 4:00 Relaxation/Table Games 8:00 Breakfast & Brew Social Closed 9:00 Daily Chronicles 10:00 Relaxing Chair Exercise 10:00 Zumba Chair Exercise 10:00 Noodle Exercise 10:00 Yoga Exercise 10:00 Scarf Exercise 11:00 Mixed-Theme Hangman 11:00 Cooking Demonstration 11:00 Volleyball 11:00 Traveling to INDIA! 11:00 WESTERN THEME PARTY! 1:00 Bingo Time \$\$\$ 2:00 Table Bowling! 2:00 LIVE Music with NOLAN 2:00 Bingo Table 2:30 Bracelets/Craft 2:00 Jumbo Corn Hole 3:00 Snack/Jenga Challenge 3:00 Potluck Quiz 3:00 Snack/Music Therapy 3:00 Snack/Wood Craft 3:00 Snack/Afternoon Spa 4:00 Relaxation/Table Games 8:00 Breakfast & Brew Social 23 Closed What's Lucky in August? 9:00 Daily Chronicles 10:00 Scarf Exercise 10:00 Noodle Exercise 10:00 Yoga Chair Exercise 10:00 Stretching Chair Exercise 10:00 Meditation Exercise Lucky Color: Red 11:00 Jumbo Corn Hole 11:00 Hot Seat Game 11:00 SENIOR CITIZEN'S DAY 11:00 Sun Threading Craft 11:00 Tattoo Parlor Fun Lucky Animal: Turtle 1:00 Bingo Time \$\$\$ 2:00 Magazine Hunt 2:00 Score Bouncing Ball 2:00 Ring Toss 2:00 LIVE MUSIC WITH VALERY 2:00 Jumbo Corn Hole Lucky Letters: S and G 3:00 Snack/Dominoes 3:00 Snack/Music Therapy 3:00 Snack/Aromatherapy Trivia 3:00 Snack/50s Trivia 3:00 Snack/5 Sec Question Lucky Day: Thursday 4:00 Relaxation/Table Games 8:00 Breakfast & Brew Social Closed 9:00 Daily Chronicles 10:00 Relaxing Chair Yoga 10:00 Stretching Chair Exercise 10:00 Exercise with Paul 10:00 Noodle Exercise 10:00 Yoga Relaxing Exercise 11:00 Pictionary 11:00 Indoor Bocce Ball 11:00 Sun Threading Craft 11:00 Pandora's Box News & Views 11:00 Ping Pong Competition 1:00 Bingo Time \$\$\$ 2:00 Stick Tennis Racquet 2:00 Bounce & Score Game 2:00 LIVE MUSIC WITH STEVE! 2:00 FLICKIN' Chicken 2:00 Bottle Table Toss 3:00 Snack/Coloring Fun 3:00 Snack/Afternoon Spa 3:00 Flower Arrangement 3:00 Painting with a Twist 3:00 Mask/Giant Yahtzee! 4:00 Relaxation/Table Games 4:00 Relaxation/Table Games 4:00 Relaxation/Table Games 4:00 Relaxation/Table Games 4:00 Relaxation/Table Games