

October 2024



SUNDAY

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

SATURDAY

		<p>8:00 Breakfast, Brew & Social 1</p> <p>9:30 WELCOME OCTOBER</p> <p>10:00 Relaxing Yoga</p> <p>11:00 Yosemite National Park</p> <p>1:00 Bingo \$\$</p> <p>2:00 Beach Ball Fun</p> <p>3:00 Snack/Art and Craft</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 2</p> <p>9:30 Daily Chronicles</p> <p>10:00 Chair Stretching Exercise</p> <p>11:00 Travel to GERMANY</p> <p>1:00 Bingo \$\$</p> <p>2:00 Parachute</p> <p>3:00 Snack/10 Clue What is It?</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 3</p> <p>9:30 Daily Chronicles</p> <p>10:00 Noodle Exercise</p> <p>11:00 Memory Matching Pic</p> <p>1:00 Bingo \$\$</p> <p>2:00 Bowling Time</p> <p>3:00 Snack/Nail Social & Coloring</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 4</p> <p>9:30 Daily Chronicles</p> <p>10:00 ZUMBA Friday!</p> <p>11:00 Hang Man Fun</p> <p>1:00 Bingo \$\$</p> <p>2:00 Bowl of Fun Challenge</p> <p>3:00 Snack/Spa Day</p> <p>4:00 Relaxation/Cinema Shorts</p>	
6	<p>8:00 Breakfast, Brew & Social 7</p> <p>9:30 Daily Chronicles</p> <p>10:00 Chair Stretching Exercise</p> <p>11:00 Mini Golf</p> <p>1:00 Bingo \$\$</p> <p>2:00 Frost on the PUMKIN</p> <p>3:00 Snack/Musical Baseball</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social</p> <p>9:30 Daily Chronicles</p> <p>10:00 Tuesday Yoga!</p> <p>11:00 Pling Pong</p> <p>1:00 Bingo \$\$</p> <p>2:00 OCTOPUS Art Craft</p> <p>3:00 Snack/Social Teatime</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 9</p> <p>9:30 Daily Chronicles</p> <p>10:00 Noodle Exercise</p> <p>11:00 BEARABLE DAY!</p> <p>1:00 Bingo \$\$</p> <p>2:00 Volleyball Challenge</p> <p>3:00 Snack/Table Yahtzee!</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 10</p> <p>9:30 Daily Chronicles</p> <p>10:00 Scarf Stretching Exercise</p> <p>11:00 Fall Scavenger Hunt</p> <p>1:00 Bingo \$\$</p> <p>2:00 Balloon Bash</p> <p>3:00 Snack/Scrabble Letters</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 11</p> <p>9:30 Daily Chronicles</p> <p>10:00 Sing a Long Exercise</p> <p>11:00 OKTOBERFEST </p> <p>1:00 Bingo \$\$</p> <p>2:00 German Musical Chairs</p> <p>3:00 Snack/Pretzel Social</p> <p>4:00 Relaxation/Cinema Shorts</p>	
	<p>8:00 Breakfast, Brew & Social 14</p> <p>9:30 Daily Chronicles</p> <p>10:00 Scarf Stretching Exercise</p> <p>11:00 Hocus Pocus Day! </p> <p>1:00 Bingo \$\$</p> <p>2:00 Bocce Ball</p> <p>3:00 Snack/Flower Arrangement</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 15</p> <p>9:30 Daily Chronicles</p> <p>10:00 Balloon Exercise</p> <p>11:00 Target Golf</p> <p>1:00 Bingo \$\$</p> <p>2:00 Fall Pasta Craft</p> <p>3:00 Snack/Healthy Fun Trivia</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 16</p> <p>9:30 Daily Chronicles</p> <p>10:00 ZUMBA Friday!</p> <p>11:00 Tie Dye Fall Craft</p> <p>1:00 Bingo \$\$</p> <p>2:00 Skill Ball</p> <p>3:00 Snack/Uno Cards</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 17</p> <p>9:30 Daily Chronicles</p> <p>10:00 Exercise with Paul</p> <p>11:00 Table Bowling</p> <p>1:00 Bingo \$\$</p> <p>2:00 Carnival Games</p> <p>3:00 Snack/Jumbo Jenga</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 18</p> <p>9:30 Daily Chronicles</p> <p>10:00 Noodle Exercise</p> <p>11:00 Pick & Match Photos</p> <p>1:00 Bingo \$\$</p> <p>2:00 Fall Art - Coloring</p> <p>3:00 Snack/Musical Trivia</p> <p>4:00 Relaxation/Cinema Shorts</p>	
20	<p>8:00 Breakfast, Brew & Social 21</p> <p>9:30 Daily Chronicles</p> <p>10:00 Sing a long Exercise</p> <p>11:00 Bird Feeder Craft</p> <p>1:00 Bingo \$\$</p> <p>2:00 Volleyball Challenge</p> <p>3:00 Snack/Bird Trivia</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 22</p> <p>9:30 Daily Chronicles</p> <p>10:00 Chair Stretching Exercise</p> <p>11:00 Soccer Tournament </p> <p>1:00 Bingo \$\$</p> <p>2:00 LIVE MUSIC with Valery</p> <p>3:00 Snack/Spa Day</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 23</p> <p>9:30 Daily Chronicles</p> <p>10:00 Relaxing Yoga!</p> <p>11:00 Ghost Bag Toss</p> <p>1:00 Bingo \$\$</p> <p>2:00 Cupcake Decorating Contest!</p> <p>3:00 Snack/Mystery Story Time!</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 24</p> <p>9:30 Daily Chronicles</p> <p>10:00 Noodle Exercise </p> <p>11:00 Pumpkin Carving</p> <p>1:00 Bingo \$\$</p> <p>2:00 OCTOBER Scavenger Hunt</p> <p>3:00 Snack/Geographic Challenge</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 25</p> <p>9:30 Daily Chronicles</p> <p>10:00 ZUMBA Friday!</p> <p>11:00 Ping Pong Game</p> <p>1:00 Bingo \$\$</p> <p>2:00 Halloween Scavenger Hunt</p> <p>3:00 Snack/Music Therapy</p> <p>4:00 Relaxation/Cinema Shorts</p>	
	<p>8:00 Breakfast, Brew & Social 28</p> <p>9:30 Daily Chronicles</p> <p>10:00 Chair Stretching Exercise</p> <p>11:00 Halloween Hang Man</p> <p>1:00 Bingo \$\$</p> <p>2:00 Monsters Mini Golf</p> <p>3:00 Snack/Jumbo Jenga</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 29</p> <p>9:30 Daily Chronicles </p> <p>10:00 Tuesday Yoga!</p> <p>11:00 Corn Shucking Contest</p> <p>1:00 Bingo \$\$</p> <p>2:00 Halloween Cookie Demo</p> <p>3:00 Snack/Painting with a Twist</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 30</p> <p>9:30 Daily Chronicles</p> <p>10:00 Sing a Long Exercise</p> <p>11:00 Autumn Art & Craft</p> <p>1:00 Bingo \$\$</p> <p>2:00 Ghost Bean Bag Toss</p> <p>3:00 Snack/Pokemo</p> <p>4:00 Relaxation/Table Games</p>	<p>8:00 Breakfast, Brew & Social 31</p> <p>9:30 Daily Chronicles </p> <p>10:00 ZUMBA Friday!</p> <p>11:00 HALLOWEEN PARTY</p> <p>1:00 Bingo \$\$</p> <p>2:00 Live Music with NOLAN</p> <p>3:00 Snack/October Birthdays</p> <p>4:00 Relaxation/Table Games</p>		



- Bill R. - 10/06
- Juanita N. - 10/12
- Rafael R. - 10/18
- Eneida L. - 10/20
- Patrick G. - 10/22
- Cynthia S. - 10/25
- Dennis K. - 10/30
- Viola S. - 10/30

*Activities are subject to change based on daily participation.