

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
AUG 30 CLOSED	AUG 31 	1 8:00 Breakfast, Coffee & Social 9:00 Welcome September! Daily Chronicles 10:00 Tuesday Yoga 11:00 Armchair Travel to GREECE ★ NEW 1:00 Bingo \$\$\$ 2:00 Beach Ball Bonanza 3:00 Snack / Riddle Me This! 4:00 Relaxation / Music Therapy	2 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 Painting with a Twist: Late Summer Garden 1:00 Musical Bingo \$\$\$ 2:00 Corn Hole Challenge 3:00 Snack / Name That Tune! 4:00 Relaxation / Music Therapy	3 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Drum Circle Exercise 11:00 Sensory Herb Garden Activity 1:00 Pokemo \$\$\$ 2:00 Bocce Ball Tournament 3:00 Snack / Friendly Feud 4:00 Relaxation / Music Therapy	4 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Zumba Friday! 11:00 Collage Making: End of Summer Memories 1:00 Bingo \$\$\$ 2:00 Karaoke Time 3:00 Snack / Happy Hour 4:00 Reminiscing Circle: "Best Summer Story" ★ NEW	5 CLOSED
6 CLOSED	7 LABOR DAY – MODIFIED SCHEDULE (Closes 3:00 PM) 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Labor Day Welcome 10:00 Labor Day Stretch & Move 11:00 Labor Day Craft: "Thank You, Workers!" Card Making ★ NEW 1:00 LIVE MUSIC with TOMMY  2:00 Farewell Snack & Social Wind-Down ★ NEW 3:00 Center closes at 3:00 PM	8 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Tuesday Yoga 11:00 Canvas Art: Autumn Leaves Preview ★ NEW 1:00 Bingo \$\$\$ 2:00 Balloon Volleyball 3:00 Snack / Family Feud 4:00 Relaxation / Music Therapy	9 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Scarf Stretching Exercise 11:00 Show 'n Tell: My Favorite Keepsake 1:00 Spanish Lottery (Loteria) \$\$\$ 2:00 Skill Ball Competition 3:00 Snack / TLC Spa Afternoon 4:00 Relaxation / Music Therapy	10 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Exercise with Paul 11:00 Jumbo Jenga Competition 1:00 Bingo \$\$\$ 2:00 Volleyball Challenge 3:00 Snack / Guess the Song 4:00 Relaxation / Music Therapy	11 PATRIOT DAY 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Patriot Day 10:00 Moment of Reflection ★ NEW 11:00 Zumba Friday! 11:00 Patriotic Craft: Ribbon Pins ★ NEW 1:00 Bingo \$\$\$ 2:00 Target Golf Olympics 3:00 Snack / Happy Hour 4:00 Guess That Song Challenge	12 CLOSED
13 CLOSED	14 GRANDPARENTS DAY CELEBRATION 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Grandparents Day Welcome ★ NEW 10:00 Monday Stretching 11:00 Grandparents Day Reminiscing: "My Grandchildren" ★ NEW 1:00 Bingo \$\$\$ 2:00 Parachute Fun 3:00 Snack / Story Time 4:00 Relaxation / Music Therapy	15 HISPANIC HERITAGE MONTH KICKOFF 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Hispanic Heritage Month Welcome ★ NEW 10:00 Tuesday Yoga 11:00 Armchair Travel to MEXICO ★ NEW 1:00 Bingo \$\$\$ 2:00 Bowling Competition 3:00 Snack / Latin Music Trivia ★ NEW 4:00 Relaxation / Music Therapy	16 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Bonds Stretching Exercise 11:00 Flower Arrangement Activity 1:00 Musical Bingo \$\$\$ 2:00 Ping Pong Challenge 3:00 Ice Cream Social 4:00 Relaxation / Sing-Along	17 CONSTITUTION DAY 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Constitution Day Trivia ★ NEW 10:00 Drum Circle Exercise 11:00 Magazine Scavenger Hunt 1:00 Bingo \$\$\$ 2:00 FLARTS Challenge 3:00 Snack / True or False Circle 4:00 Relaxation / Music Therapy	18 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Zumba Friday! 11:00 Water Painting: Fall Preview ★ NEW 1:00 Bingo \$\$\$ 2:00 Hula Hoop Games 3:00 Snack / Happy Hour 4:00 TLC Karaoke Hour	19 CLOSED
20 CLOSED	21 INTERNATIONAL DAY OF PEACE 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / International Day of Peace ★ NEW 10:00 Monday Stretching 11:00 Peace Dove Craft ★ NEW 1:00 Bingo \$\$\$ 2:00 Baseball Toss 3:00 Snack / Geography Challenge: Countries of the World 4:00 Relaxation / Music Therapy	22 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Tuesday Yoga 11:00 Pictionary Challenge 1:00 Pokemo \$\$\$ 2:00 Balloon Bash 3:00 Snack / Memory Matching 4:00 Relaxation / Music Therapy	23 FIRST DAY OF AUTUMN 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Welcome Fall! 10:00 Yoga Relaxation Exercise 11:00 Fall Arts & Crafts: Pumpkin Painting ★ NEW 1:00 Bingo \$\$\$ 2:00 Shuffleboard Challenge 3:00 Snack / Fall Trivia ★ NEW 4:00 Relaxation / Music Therapy	24 LIVE MUSIC with ROXANNA (Instruments Sing-Along) 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Exercise with Paul 11:00 Masquerade Mask Decorating ★ NEW 1:00 Bingo \$\$\$ 2:00 LIVE MUSIC with ROXANNA – Instruments Sing-Along  3:00 Ice Cream Social 4:00 Relaxation / Music Therapy	25 TLC MASQUERADE BALL 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Masquerade Ball Welcome! 10:00 Elegant Waltz Stretch & Move ★ NEW 11:00 TLC Masquerade Ball: Mask Parade & Ballroom Dance ★ NEW 1:00 Masquerade Bingo \$\$\$ ★ NEW 2:00 Mocktail Hour & Photo Booth ★ NEW 3:00 Snack / Happy Hour 4:00 Masquerade Sing-Along Send-Off ★ NEW	26 CLOSED
27 CLOSED	28 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Monday Stretching 11:00 Giant Yahtzee 1:00 Bingo \$\$\$ 2:00 Soccer Tournament 3:00 Snack / Reminiscing: "First Day of School Memories" ★ NEW 4:00 Relaxation / Music Therapy	29 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Tuesday Yoga 11:00 Pictionary: Fall Edition 1:00 Musical Bingo \$\$\$ 2:00 Ping Pong Challenge 3:00 Snack / Trivia: Autumn Edition 4:00 Relaxation / Music Therapy	30 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 Dominoes Tournament 1:00 Bingo \$\$\$ 2:00 Volleyball Fun 3:00 Ice Cream Social / Music Trivia 4:00 Relaxation / Music Therapy			

★ SPECIAL EVENTS ★

 **Sept 7** Labor Day Celebration / Live Music with Tommy
 **Sept 11** Patriot Day
 **Sept 14** Grandparents Day Celebration
 **Sept 15** Hispanic Heritage Month Kickoff

 **Sept 17** Constitution Day
 **Sept 21** International Day of Peace
 **Sept 23** First Day of Autumn

 **Sept 24** Live Music with Roxanna (Instruments Sing-Along) + Mask Decorating
 **Sept 25** TLC Masquerade Ball

★ BIRTHDAYS ★

 **9/11** Elsie C.
 **9/13** Juanita V.
 **9/16** Vanessa P.
 **9/26** Tom M.



¡CELEBREMOS!

★ **NEW** = new activity

 = live music performance