TLC ADULT DAY CARE AND RECREATION CENTER

www.tlc-adultdaycare.com | (813) 510-4000

November 2026

TLC FUN CLUB

Good Friends Good Times Brighter Days

KIND PEOPLE BRIGHTER DAYS

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 CLOSED Hello November!	**2** 8:00 Breakfast, Coffee & Social 9:00 Welcome November! Good Morning, TLC! 10:00 Monday Stretching 11:00 Bird Feeder Craft: Fall Pinecone Feeders 1:00 Bingo $$$ 2:00 Basketball Challenge 3:00 Snack / Finish the Phrase ★ 4:00 Relaxation / Music Therapy	**3** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Tuesday Yoga 11:00 Conversational UNO 1:00 Pokeno $$$ 2:00 Hockey Challenge 3:00 Snack / Five Second Question Game 4:00 Relaxation / Music Therapy	**4** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Noodle Exercise 11:00 Painting Step by Step: Autumn Trees 1:00 Bingo $$$ 2:00 Ring Hook Toss 3:00 Ice Cream Social 4:00 Relaxation / Music Therapy	**5** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Exercise with Paul 11:00 Reminiscing Circle: Family Recipes & Holiday Traditions 1:00 Musical Bingo $$$ 2:00 Carnival Games 3:00 Snack / Hang Man: Thanksgiving Words 4:00 Relaxation / Music Therapy	**6** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Zumba Friday! 11:00 Game Show Fun: Wheel of Fortune Style 1:00 Bingo $$$ 2:00 LIVE MUSIC with NOLAN ♫ 3:00 Snack / Happy Hour 4:00 Friday Sing-Along Social	**7** CLOSED Enjoy the Weekend
8 CLOSED Rest Relax Recharge	**9** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / Salute to Service Wall Opens ★ 10:00 Monday Stretching 11:00 Musical Pumpkin Memories ★ 1:00 30-Ball Bingo $$$ 2:00 Sticky Ball / Racquet Ball Challenge 3:00 Snack / Dominoes 4:00 Relaxation / Music Therapy	**10** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / Salute to Service Stories 10:00 Tuesday Yoga 11:00 Thank You Cards for Veterans 1:00 Bingo $$$ 2:00 Cornhole Challenge 3:00 Snack / Word Games: Autumn Word Scramble 4:00 Relaxation / Music Therapy	**11** VETERANS DAY CELEBRATION LIVE MUSIC with MIKE 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / Veterans Day Welcome 10:00 Patriotic Sing-Along Exercise 11:00 TLC Veteran Day Celebration: Honoring Our Heroes 1:00 Patriotic Bingo $$$ 2:00 LIVE MUSIC with MIKE ♫ 3:00 Snack / Patriotic Trivia 4:00 Relaxation / Music Therapy	**12** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Drum Circle Exercise 11:00 Jewelry Activity: Autumn Beaded Bracelets 1:00 Pokeno $$$ 2:00 Bocce Ball Tournament 3:00 Snack / Family Feud: Thanksgiving Edition 4:00 Relaxation / Music Therapy	**13** TURKEY BOWLING CHALLENGE WORLD KINDNESS DAY 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / World Kindness Day 10:00 Zumba Friday! 11:00 Kindness Circle: Share a Kind Moment ★ 1:00 Musical Bingo $$$ 2:00 Turkey Bowling Challenge ★ 3:00 Snack / Happy Hour 4:00 Guess That Song Challenge	**14** CLOSED Fall Vibes
15 CLOSED Cozy Days Ahead	**16** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / Gratitude Tree Launch ★ 10:00 Monday Stretching 11:00 Armchair Travel to IRELAND 1:00 Bingo $$$ 2:00 Shuffleboard Challenge 3:00 Snack / TLC Spa Afternoon 4:00 Relaxation / Music Therapy	**17** COOKING DEMO 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Tuesday Yoga 11:00 Cooking Demo: No-Cook Cranberry Relish & Tasting 1:00 Spanish Lottery (Loteria) $$$ 2:00 Skill Ball Competition 3:00 Snack / Match the Photos: Name That Year 4:00 Relaxation / Story Time	**18** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Tai Chi 11:00 Charades: Thanksgiving Edition 1:00 Bingo $$$ 2:00 Balloon Volleyball 3:00 Ice Cream Social 4:00 Relaxation / Music Therapy	**19** LIVE MUSIC with TOMMY INTERNATIONAL MEN'S DAY 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / International Men's Day 10:00 Exercise with Paul 11:00 Show 'n Tell: Something I'm Thankful For 1:00 Bingo $$$ 2:00 LIVE MUSIC with TOMMY ♫ 3:00 Snack / Name That Tune! 4:00 Relaxation / Music Therapy	**20** CORN SHUCKING COMPETITION 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / 10:00 Zumba Friday! 11:00 Pictionary Challenge: Thanksgiving Words 1:00 Double Bingo $$$ 2:00 Corn Shucking Competition ★ 3:00 Snack / Happy Hour 4:00 TLC Karaoke Hour	**21** CLOSED Gather Rest Be Thankful
22 CLOSED Enjoy the Weekend!	**23** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Monday Stretching 11:00 Thankful Place Cards for Wednesday's Celebration 1:00 Pokeno $$$ 2:00 Target Golf Olympics 3:00 Snack / True or False Circle: Thanksgiving Facts 4:00 Relaxation / Music Therapy	**24** TURKEY BOWLING CHALLENGE: TEAM RELAY 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! 10:00 Tuesday Yoga 11:00 Jumbo Jenga Competition 1:00 Bingo $$$ 2:00 Turkey Bowling Challenge: Team Relay 3:00 Snack / Riddle Me This: Harvest Riddles 4:00 Relaxation / Music Therapy	**25** THANKSGIVING CELEBRATION LIVE MUSIC with NOLAN 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / Thanksgiving Welcome & Gratitude Tree Finale 10:00 Scarf Stretching Exercise 11:00 TLC Thanksgiving Celebration: Gratitude Circle & Harvest Treats 1:00 Thanksgiving Bingo $$$ 2:00 LIVE MUSIC with NOLAN ♫ 3:00 Snack / Thankful Alphabet ★ 4:00 Relaxation / Music Therapy	**26** CLOSED Thanksgiving Day Happy Thanksgiving from all of us at TLC! We reopen Friday, November 27.	**27** NATIVE AMERICAN HERITAGE DAY 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / Native American Heritage Day 10:00 Zumba Friday! 11:00 Native American Heritage Day: The Three Sisters (Corn, Beans & Squash) Story, Trivia & Music Appreciation ★ 1:00 Musical Bingo $$$ 2:00 Parachute Fun 3:00 Snack / Happy Hour 4:00 Gratitude Sing-Along Circle	**28** CLOSED STAY Cozy
29 CLOSED Rest Relax Recharge	**30** 8:00 Breakfast, Coffee & Social 9:00 Good Morning, TLC! / Goodbye November 10:00 Monday Stretching 11:00 Coloring Time: Cozy Winter Scenes 1:00 Bingo $$$ 2:00 Ladder Toss 3:00 Snack / Memory Matching 4:00 Relaxation / Music Therapy					

SPECIAL EVENTS

Fri, Nov 6 — Live Music with Nolan
Mon, Nov 9 — Musical Pumpkin Memories ★ NEW
Wed, Nov 11 — Veterans Day Celebration / Live Music with Mike
Fri, Nov 13 — Turkey Bowling Challenge / World Kindness Day ★ NEW
Tue, Nov 17 — Cooking Demo: No-Cook Cranberry Relish
Thu, Nov 19 — Live Music with Tommy / International Men's Day
Fri, Nov 20 — Corn Shucking Competition ★ NEW
Tue, Nov 24 — Turkey Bowling Challenge: Team Relay
Wed, Nov 25 — Thanksgiving Celebration / Live Music with Nolan
Thu, Nov 26 — CLOSED for Thanksgiving Day
Fri, Nov 27 — Native American Heritage Day (Open) ★ NEW

BIRTHDAYS

Mon, Nov 9 — Sheri S.
Thu, Nov 19 — Jasmine M.

Activities are subject to change based on daily participation.