



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28 CLOSED 	29	30	1 8:00 Breakfast, Coffee & Social 9:00 Welcome July! Daily Chronicles 10:00 Stretch and Move 11:00 Armchair Travel to CANADA 1:00 Bingo SSS 2:00 Shuffleboard Challenge 3:00 Snack / Summer Trivia 4:00 Relaxation / Music Therapy 	2 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Welcome Independence Day! 10:00 Patriotic Sing-Along Exercise 11:00 4th of July Craft: Cupcake Liner Fireworks 1:00 Red, White & Blue Bingo SSS 2:00 LIVE MUSIC with NOLAN 3:00 Ice Cream Social / Patriotic Trivia 4:00 Relaxation / Music Therapy 	3 CENTER CLOSED — Independence Day Holiday 	4 CLOSED 
5 CLOSED 	6 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Monday Stretching 11:00 Jumbo Jenga Competition 1:00 Bingo SSS 2:00 Balloon Bash 3:00 Snack / Friendly Feud 4:00 Relaxation / Music Therapy 	7 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / World Chocolate Day Welcome 10:00 Tuesday Yoga 11:00 World Chocolate Day Celebration! 1:00 Bingo SSS 2:00 Painting with a Twist: Summer Sunset 3:00 Snack / Chocolate Trivia 4:00 Relaxation / Music Therapy 	8 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 Summer Arts & Crafts: Seashell Wind Chimes 1:00 Pokeno SSS 2:00 Bocce Ball Tournament 3:00 Snack / Riddle Me This! 4:00 Relaxation / Music Therapy 	9 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Drum Circle Exercise 11:00 Sensory Herb Garden Activity 1:00 Musical Bingo SSS 2:00 LIVE MUSIC with VALERY 3:00 Ice Cream Social 4:00 Relaxation / Sing-Along 	10 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Zumba Friday! 11:00 Show Your Talent Day! 1:00 Bingo SSS 2:00 Volleyball Challenge 3:00 Snack / Happy Hour 4:00 Friday Movie Shorts! 	11 CLOSED 
12 CLOSED 	13 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Scarf Stretching Exercise 11:00 Pictionary: Summer Edition 1:00 Bingo SSS 2:00 Skill Ball Competition 3:00 Snack / Geography Challenge: 50 States 4:00 Relaxation / Music Therapy 	14 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Tuesday Yoga 11:00 Target Golf Olympics 1:00 Bingo SSS 2:00 Carnival Games 3:00 Snack / Name That Tune! 4:00 Relaxation / Music Therapy 	15 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Christmas in July Welcome! 10:00 Jingle Bell Exercise 11:00 Visit by SANTA 1:00 Christmas Bingo SSS 2:00 Parachute Fun 3:00 Ice Cream Social / Holiday Sing-Along 4:00 Relaxation / Christmas Movie Shorts 	16 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Exercise with Paul 11:00 Toss the Stick Challenge 1:00 Bingo SSS 2:00 Corn Hole Challenge 3:00 Snack / Summer Word Scramble 4:00 Relaxation / Music Therapy 	17 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Zumba Friday! 11:00 Hula Hoop Games 1:00 Spanish Lottery (Loteria) SSS 2:00 Karaoke Time 3:00 Snack / Happy Hour 4:00 Friday Movie Shorts! 	18 CLOSED 
19 CLOSED 	20 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Monday Stretching 11:00 Summer Watercolor Bookmark Making 1:00 Bingo SSS 2:00 Bean Bag Toss 3:00 Snack / Lemonade Stand Social 4:00 Relaxation / Music Therapy 	21 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Yoga Relaxation Exercise 11:00 Armchair Travel to HAWAII 1:00 Bingo SSS 2:00 Ping Pong Challenge 3:00 Snack / TLC Spa Afternoon 4:00 Relaxation / Music Therapy 	22 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Bands Stretching Exercise 11:00 Giant Yahtzee 1:00 Musical Bingo SSS 2:00 Bowling Competition 3:00 Snack / Guess the Song: Summer Hits 4:00 Relaxation / Music Therapy 	23 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Drum Circle Exercise 11:00 Magazine Scavenger Hunt 1:00 Bingo SSS 2:00 Volleyball Fun 3:00 Snack / Reminiscing: Best Summer Ever 4:00 Relaxation / Music Therapy 	24 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles / Yehoi! Western Day Welcome 10:00 Line Dance Exercise 11:00 Best Cowboy Hat Contest 1:00 Western Bingo SSS 2:00 LIVE MUSIC with TOMMY 3:00 Snack / Cowboy Trivia 4:00 Friday Movie Shorts: Western Classic 	25 CLOSED 
26 CLOSED 	27 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Resistance Band Workout 11:00 Canvas Art: Summer Flowers 1:00 Bingo SSS 2:00 Soccer Tournament 3:00 Snack / Story Time 4:00 Relaxation / Music Therapy 	28 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Tuesday Yoga 11:00 Collage Making: My Favorite Summer Memory 1:00 Pokeno SSS 2:00 Beach Ball Bonanza 3:00 Snack / Family Feud 4:00 Relaxation / Music Therapy 	29 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Noodle Exercise 11:00 Beach Basketball 1:00 Bingo SSS 2:00 Bocce Ball 3:00 Ice Cream Social / Music Trivia 4:00 Relaxation / Music Therapy 	30 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Exercise with Paul 11:00 Charades: Summer Edition 1:00 Bingo SSS 2:00 Jumbo Jenga 3:00 Snack / True or False Circle 4:00 Relaxation / Music Therapy 	31 8:00 Breakfast, Coffee & Social 9:00 Daily Chronicles 10:00 Zumba Friday! 11:00 July Birthday Party 1:00 Birthday Bingo SSS 2:00 Carnival Games 3:00 Ice Cream Social / Sing-Along 4:00 Friday Movie Shorts! 	1 CLOSED 

★ SPECIAL EVENTS ★

- ★ 7/2: Independence Day Celebration (Live Music w/ Nolan)
- ★ 7/3: Closed for Independence Day
- ★ 7/9: Live Music w/ Valery
- ★ 7/15: Christmas in July Party
- ★ 7/24: Western Day (Live Music w/ Tommy)

★ BIRTHDAYS ★

- ★ Jackie G. — 7/5
- ★ Brigette C. — 7/7
- ★ Gwen C. — 7/11
- ★ Beverly M. — 7/12
- ★ Sheila D. — 7/14
- ★ CA J. — 7/31

